

Linden Oaks Presentation Catalog

Frequently Requested Behavioral Health Presentations

ADDICTIONS

- Addiction: The Progression of Substance Use
- Binge Drinking
- Marijuana: It's Just Weed or Is It?
- Opiate Dependency and the Heroin Epidemic

EATING DISORDERS

- Decoding Binge Eating Disorder
- Eating Disorders 101
- Therapeutic Interventions in the Treatment of Eating Disorders

GERIATRIC MENTAL HEALTH

- Bridging Generation Gaps in the Counseling of Seniors and Older Adults
- An In-depth Look at Dementia

ADOLESCENT/SCHOOL SPECIFIC*

- Behavioral Health Crisis: When to Refer a Student to the ER
- Return to School: Supporting A Student After a Behavioral Health Hospitalization
- School Anxiety and Refusal
- Self-Injury: Interventions and Treatment
- Youth Mental Health First Aid (8.0 hour course)

**Most of the other presentations in this catalog can be geared towards adolescents or those working with adolescents as well.*

OTHER TOPICS

- Acceptance and Commitment Therapy: Using ACT in Treatment
- Art Therapy: Why It's Effective
- Compassion Fatigue in the Healthcare Professional
- Crisis Intervention
- Dialectical Behavioral Therapy (DBT) Skills
- Mental Health First Aid (8.0 hour course)
- The Fundamentals of Mindfulness
- Stress Management 101
- Anxiety Disorders: Current Techniques and Treatment Advances
- Advances in Treatment of Depression

Other topics available upon request

Presentation Time

Presentations are typically 1-3 hours in duration depending on the audience and information requested. Specific hours and dates can be requested when setting up a presentation.

Continuing Education Units Available*:

LCPC/LPC	LCSW/LSW
Psychologist	LMFT
IAODAPCA (CADC)	

**Inquire about additional education units not listed.*